

Rotokauri School Newsletter



Issue No: 7

26 May 2016

PRE SCREENING OF



The Rotokauri school PTA have secured a special Pre screening of the new Pixar movie Finding Dory.

See it before anyone else gets to!!

Date: Saturday 18th June 2016

Start time: 4pm

Where: Hoyts cinema Te Awa

Price: \$20.00 Adult

\$15.00 Child

\$65.00 Family Pass 2 Adults and 2 Children (SAVE \$5.00)

ROKOKAURI SCHOOL
462 Rotokauri Road
R D 9
HAMILTON 3289

Telephone (07) 849 5068
Fax (07) 849 4371
Email: office@rotokauri.school.nz
www.rotokauri.school.nz

Dear Parents
Nga mihi o te wa kia koe me to whanau.

ROKOKAURI SCHOOL MISSION STATEMENT

Our positive environment will actively engage our students in learning.

ROKOKAURI SCHOOL VISION

We are responsible, confident learners and communicators.

ROKOKAURI SCHOOL VALUES

Respect, Responsibility, Honesty, Persistence and Excellence.

CROSS COUNTRY RESULTS

	1st	2nd	3rd
5 year old boys	Nate Westgate	Maddix Anniss	Kees Rogers
6 year old boys	Cole Turney	Cory Burt	Isaac Stratford
7 year old boys	Marama Tangiora	Angus Elliott	Alex Porter
8 year old boys	Lamayne Clark / Oscar Stratford		Oliver Campbell
9 year old boys	Isaac Collinson	Cole Viljoen-Thomson	Kian McNamara
10 year old boys	Daniel Cameron	Cooper White	Olliver Milne
11 year old boys	Liam Townsend	Nicholas Westgate	Reiley Samuels-Porter
12 year old boys	Devon Collinson	Callum Cameron	Julius Spiers

	1st	2nd	3rd
5 year old girls	Hannah Milne	Mercedes Barber	Nalei Nelson
6 year old girls	Deanna Smith	Neve Townsend	Talei Phillips
7 year old girls	Paige Moka	Savannah Smith	Ella Prangnell
8 year old girls	Natal Birks	Ella Sumner / Ella Caulfield	
9 year old girls	Jessica Cuff	Anaiya Nelson	Kayla Westgate
10 year old girls	Tegan Barham	Georgia Westgate	Miya Tangiora
11 year old girls	Rebecca Perham	Tahlia Farrell	Olivia Woolerton / Vanessa Campbell
12 year old girls	Sophie Kells	Summa Dixon	Zahra Warnock

House Points

1 st	Whero	288
2 nd	Kowhai	274
3 rd	Kikorangi	257
4 th	Kakariki	221



To see more photos go to our Facebook page www.facebook.com/RotokauriSchool

TEACHER ONLY HALF DAY REMINDER

Teachers will be off site from 12.30 on Monday 27th June. A lot of work has gone on behind the scenes to review and create a Rotokauri School curriculum.

We are developing a curriculum that will meet the needs of our children in a very global world. We will be keeping you well informed via the newsletter.

Please make sure you have plans in place for picking up your child / children on Monday, 27th June at 12.25 p.m. There is no after school care available on that day.

SENIOR PARENT INTERVIEWS

Thank you to all the parents who took the time to come up and have a chat with their child's teacher. For those parents who have been with us a while you will know how much we really appreciate you making the time to discuss your child's social and academic process. The interview is very much a two way road with teachers listening to how you perceive your child is progressing. With the two parties working together research proves that child attain and retain at a quicker rate.

For those parents who missed out on interviews be proactive and seek another appointment. Our teachers would love to see you so we can celebrate your child's successes together and have a plan for future achievements.

BOT ELECTIONS 2016

It's great to see so many candidates have put their names forward for the Board of Trustees Elections. It's important that everybody uses their democratic right to vote.

BOARD OF TRUSTEES ELECTION INFORMATION

Parent Representative Voting Paper

All parents / caregivers of Rotokauri School should have received their voting papers and candidates statements in the mail (posted on Monday, 23 May). **As this is a postal election your voting paper is valid only if returned in the addressed envelope provided.**

1. If posting your voting paper, you must use the enclosed envelope and post to:

Returning Officer
Rotokauri School
462 Rotokauri Road
R D 9
Hamilton 3289

Your vote will not be counted unless the envelope is postmarked before the day of the election, 3 June 2016 and received by the returning officer not later than 5 days after the date of the election. **Ensure that you post it as soon as possible because New Zealand Post has reduced its mail delivery service.**

2. If delivering your voting paper please ensure that it is delivered **before noon on 3 June 2016 in the enclosed envelope.**

It should be taken to:

Sharon Verstraten
Returning Officer
Rotokauri School
462 Rotokauri Road
Hamilton

3. If your voting paper is delivered to the school, please ensure that it is delivered **before noon on 3 June 2016 in the enclosed envelope.**

Voting closes on 3 June 2016 at noon.

Sharon Verstraten
Returning Officer

YOUNG LEADERS CONFERENCE

It was a privilege and a pleasure to take our Rotokauri Student Council down to Rotorua to participate in the 2016 Young Leaders Conference.

Georgia, Lee, Sophie and Kieran would like to share their experiences and new found knowledge in our next newsletter. Thank you to the Board who set aside a Leadership budget which allows our students to grow and develop into fine young leaders.

SPELLATHON

You would have seen your child's spellathon forms last week. To give your child every chance of improving please work with your child on these words over the coming weeks. The final individualized spelling test will take place on Thursday, 30th June at 9.15 a.m.

There are prizes for students but rather than have them extrinsically motivated it would be nice to think they are internally motivated. All profits go towards the development of our Adventure Trail. We may need some parent assistance on this day.

STUDENT WELL BEING SURVEY

Over the next few weeks we will be running a student well-being survey for students Years 4-8. This is a review of how students feel about learning at Rotokauri. If you have ideas in regards to the questions that should be asked please feel free to send views to mgoodson@rotokauri.school.nz

ADVENTURE TRAIL

Many of you would have seen and responded to the SOS sent out by the senior student councillors. They have a number of ideas in relation to the Adventure Trail but just don't have the building knowledge to bring their dreams for the school to fruition. The sub-committee meeting for the Adventure Trail will take place on Wednesday, June 1st at 7.00 p.m. in the staffroom. We hope that our senior councillors will be able to enlighten you with some of their thoughts.

WESTERN CLUSTER CROSS COUNTRY COMPETITION

We wish our competitors the very best of the luck at the Western Cluster Cross Country, to be held at Waitetuna School on Friday, 27th May. Thank you to those parents who have offered to help out on the day with supervision and marshalling. To our runners - represent our school with pride - we know you will.

TOUGH GUY TOUGH GAL CHALLENGE – FRIDAY 10 JUNE

Well done to those students who have registered and have returned their transport forms. This will be an amazing experience for all of you. We hope you get really muddy and try your very best. Enjoy this opportunity, it certainly will be tough but so rewarding!

HEALTHY LIVING

Because of our lifestyle and diet in New Zealand it is possible our children will not reach a grand old age.

What helps with longevity?

1. Nuts - Clinical trials show that nuts in the diet significantly reduce cholesterol. Nuts reduce inflammation and oxidative stress contributing to a healthier cardiovascular system.
2. Leaves – Leafy foods are a rich source of micronutrients, antioxidants and fibre. Leafy greens are also associated a reduced risk of cancer. Populations that eat high proportions of leafy material are known to live longer e.g. Mediterranean.
3. Cut the meat - In cultures where they live longer meat is actually used as a garnish. In countries where diet trends have changed in favour of meat there is a close correlation with the rise of obesity - even in countries that have no history of obesity e.g. Norway.
4. Lavish with legumes - Legumes such as lentils, chickpeas, peas and beans are an excellent source of protein. International studies using people from various countries and ethnic groups show that legumes are the biggest predictor of longevity.
5. Physical activity - All research shows that physical activity increases life span. The old saying use it or lose it is true. Lancet found that people exercising 15 minutes a day had 14% less risk of all mortality than inactive individuals.
6. Alcohol - Heavy alcohol consumption is linked to liver, heart and pancreatic disease. Alcohol and smoking are the two leading preventable causes of death.
7. Smoking - Say no more.

HELICOPTER PARENTING

Often we receive links to follow and I receive a fair number on a daily basis. We love to publish articles that get people thinking. This was the linked article from last week (edited) -

“A US academic has taken aim at parents who are over involved in their kids schooling, warning that such behaviour can stunt the life skills of their children. Julie Lythcott-Haims oversaw the graduation of 20,000 students from Stanford University and observed an increasing number who, while bright, could not fend for themselves in a campus environment.

The skills required to thrive on Campus such as critical thinking, initiative and resilience are cultivated through the course of childhood that is not overly-directed or over protected by parents”.

HEXAGON TABLES

If you would like any of our hexagon tables (of which there are 7 scattered around our grounds) please see Sharon in the office. We are looking at replacing them due to their wear and tear.

INTERESTING

- One in three Australian principals have been physically assaulted.
- Australia, Singapore and Canada fund school children at three times the rate of NZ.
- Only 15% of New Zealand trained teachers leaving University will get a full time / permanent job.
- Most OECD countries fund children with learning difficulties when they enter school. In New Zealand we have to apply, often not receiving the funding that would really make the difference not only to the child's schooling life but life in general. Autism is not seen as a learning issue in New Zealand.

Supporting success in your school.

If you are a parent, staff member or member of the school community and you draw down a new ASB home loan of \$150,000 or more, ASB will donate to your chosen participating school:

\$500

To take up this offer, your new home loan application must be received, approved and then documented in a facility agreement, along with the completion of a school donation voucher, between the 2 May 2016 and 31 December 2016.

ASB lending criteria, and terms apply. Fees may apply. A minimum of 20% equity is required in the security property. This donation offer is only available when you apply for new home lending through an ASB branch, contact centre or mobile lending manager. Other terms apply. For full details and to download the voucher visit asb.co.nz/schoolbanking.

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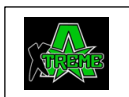
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10 WAYS WITH BEANS,
LEGUMES AND LENTILS

DELICIOUS DIP!

Find us on



fb.com/
ProjectEnergize

To make a tasty dip
blend 1 can chickpeas
with garlic, a squeeze
of lemon juice and 1-2
tbsp olive oil to make
a delicious dip!



Developed by Sport Waikato 2016



10 WAYS WITH BEANS,
LEGUMES AND LENTILS

BEAN SALAD

Find us on



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Mix a can of beans
with tuna and some
red onion to make
a delicious salad in
seconds!



Developed by Sport Waikato 2016



10 WAYS WITH BEANS,
LEGUMES AND LENTILS

BEAN PASTA

Find us on



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Add 1 cup
chickpeas' to 250g
cooked pasta,
½ cup sliced
tomatoes and a
sprinkle of cheese.



Developed by Sport Waikato 2016





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"Where God's love makes the difference"

NEW OPENING HOURS

Monday-Friday: 8.00am-5.30pm

Government ECE 20 free hours for 3-5 year olds
(Up to 6 hours per day).

We can help you with WINZ Childcare Subsidy.

\$4.00/ hour for children 2.8 - 3 years old
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All teachers qualified with excellent teacher/child ratio.

Call us now on (07) 847 4124 for more information
www.franktonchristiankindy.org.nz
11 Aberdeen Drive, Dinsdale

Saving \$1 with ASB could score your child a chance to win fortnightly cash prizes.

To enter, just deposit at least \$1 into your child's registered Headstart account through your school's ASB School Banking Programme between Monday 2 May 2016 and Sunday 10 July 2016. Every fortnight is counted as an individual prize draw, so make sure you deposit once every fortnight to enter all five draws.

For more details on Score, how to register your child for the ASB School Banking programme and competition Ts & Cs visit www.asb.co.nz/banking-with-asb/school-banking.html or drop into your local ASB branch.


ASB Bank Limited PPU50767

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